

TEACHERS COLLEGE
COLUMBIA UNIVERSITY
Department of Counseling and Clinical Psychology

LETTER FROM THE EDITORS:

We are excited to present Volume 15 of the *Graduate Student Journal of Psychology* (GSJP), a peer-reviewed journal for graduate students in the field of psychology. As we move forward, the core principles of the journal will continue to be the guiding force of this project. GSJP provides an important space for student learning and covers all factors pertinent to publishing a scientific manuscript, such as writing and preparation for submission, editing, and reviewing. Our primary aim is to foster professional development and to provide support in this process.

Our continued commitment to the publication of underrepresented works in the major journals makes GSJP truly unique. The emphasis of the journal will continue to focus on providing an outlet for quality graduate student work and on creating a space for both students and practicing psychologists to participate in all aspects of the publication process. The present issue marks the sustained effort to adhere to our goals.

This issue represents a small sample of the diversity of material submitted for publication. The reader will find articles examining changes taking place in the realm of psychotherapy practice, such as psychologists' potential to prescribe psychiatric medications as well as the use of technology and social media in clinical work. Additionally, the reader will be exposed to a new understanding of addiction and substance use which mirrors recent advances in DSM-5.

The present issue is representative of the dedication on behalf of the authors, the peer reviewers, the editorial board, the layout editor, and all others who have been involved in creating this volume and we are very grateful to all of them. We would especially like to thank our faculty sponsor, Professor Barry A. Farber, whose guidance and support in this publication process has been irreplaceable. Please feel free to share your thoughts and comments with us at gsvp@tc.columbia.edu.



Marina Mazur



Sarah Bellovin-Weiss