

# Graduate Student Journal of Psychology

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## Letter from the Editors:

With Volume 26, the Graduate Student Journal of Psychology continues its mission of bringing forward emerging scholarship from the next generation of psychological researchers. This edition brings together six thoughtful contributions spanning cross-cultural emotion research, clinical psychopathology, cognitive-affective processes, educational psychology, sociopolitical attitudes, and treatment effectiveness, reflecting the methodological and substantive breadth of contemporary psychological science.

Dave et al. extend Affect Valuation Theory beyond its traditional East Asian–American focus, examining ideal and actual affect among South Asian and American participants and offering new insight into how culture shapes preferences for high- and low-arousal positive emotions. Bates and Barik investigate the often-puzzling relationship between obsessive-compulsive and depressive symptoms in a non-clinical sample, finding that attachment insecurity functions as a partial mediator rather than a moderator—pointing toward attachment-informed approaches as a promising direction in OCD care. Lee and Garagiola turn to graduate education itself, demonstrating that authoritarian maternal parenting predicts greater academic performance anxiety while academic resilience serves as a meaningful protective factor.

Three additional contributions broaden the volume's scope. Li examines how anxiety and depression relate to time perception, finding that depressive symptoms predict greater time underestimation and suggesting that cognitive-affective processes such as rumination and attentional rigidity, rather than arousal alone, may underlie distortions of subjective time. Schmiedehaus et al. apply factor analysis and structural equation modeling to survey data from 587 adults, illuminating how social dominance orientation and sociodemographic characteristics shape beliefs about reproductive rights, LGBTQ+ rights, and election security. Khachumovaa and White offer a PRISMA-guided systematic review of cognitive hypnotherapy research from 2018 to 2023, updating the Australian Psychological Society's 2018 review and supporting the modality as a viable treatment for depression and related concerns.

This edition also marks a transition for our editorial team. We extend our warmest congratulations to Rachel, Camila, and Sima, who are graduating this year. Their dedication, intellectual generosity, and care for the journal have left an enduring mark on GSJP, and we are grateful for the example they have set as they move on to the next stage of their careers. We extend deep gratitude to our contributors, peer reviewers, and faculty sponsor, Dr. Matt Blanchard, for their invaluable support, and to the entire editorial team for the work that brought this volume to print.

We invite you to engage with the research presented in this volume. Connect with us at [gsjp@tc.columbia.edu](mailto:gsjp@tc.columbia.edu) or through our social media platforms. Thank you for your continued support as we advance the field together.

Warm regards,

The Editors