



Department of Counseling and Clinical Psychology

LETTER FROM THE EDITORS:

After months of dedicated effort, we are thrilled to present Volume 21 of the Graduate Student Journal of Psychology. In this volume, we feature research studies that explore a wide range of topics, each offering a unique perspective on the multifaceted realm of human behavior and cognition. The richness of Volume 21 is evident not only in the variety of methodological and analytical approaches used, such as a priori procedures, systematic reviews, and moderation analysis, but also in the diverse ethos of our journal itself. These papers touch on important aspects like racial identity, cultural identity, and socio-economic status and focus on research in adolescents, young adults, international students, perinatal women, and parents, underscoring the need for a comprehensive understanding of human behavior.

We take pride in bridging the gap between graduate students and the professional world of publication, offering a space for students to share their innovative and original work. This volume would not have been possible without the dedication and diligence of our featured authors, peer reviewers, and editorial board. We express our sincere gratitude to our newly appointed faculty sponsor, Dr. Matt Blanchard, and congratulate him on his first issue in this new role. A special note of appreciation is also extended to our previous faculty sponsor, Dr. Randall Richardson-Vejlgaard, and editorial team members, Cassidy Iervasi, Hannah Manley, and Lori Kim, who have tirelessly paved the way for a smooth transition to this year's new editorial board. We commend their invaluable contributions and hard work.

We look forward to continuing to grow this platform that highlights students' innovative research. We invite our readers to share their thoughts and comments with us at gsjp@tc.columbia.edu. You can also connect with us through social media (Instagram, Twitter, LinkedIn) @gsjp_journal. We extend our sincere thanks to everyone who has played a part in making this volume a reality, and we look forward to your continued support.

The Editors,

Daniella Ekstein, Catherine Shorb, Ellen Somers, Evelyn Tsai, Jianee Carrasco, Emma Langsford, and Yutong Zhu